
LOCAL INFORMATION

TRANSFORM: Local specialist domestic abuse services, for victims, children and perpetrators, including refuge accommodation. Our One Stop Shop is currently closed but all other services, including IDVAs (Independent Domestic Abuse Advisors) are offering phone and online support.



Phone: 020 8092 7569

Email: transformsutton@cranstoun.org.uk

Web: www.cranstoun.org/services/domestic-abuse/transform-sutton/

Not Alone In Sutton: A website full of useful information about domestic abuse, including what to do if someone is affected by domestic abuse: www.notaloneinsutton.org.uk

Safeguarding Concerns

If you have a serious concern about a child or vulnerable adult, please follow safeguarding procedures and refer to the London Borough of Sutton as follows:

Children: 020 8770 6001 or email childrensfirstcontactservice@sutton.gov.uk

Vulnerable Adults: 020 8770 6770

Police: Call 999 if someone is in immediate danger. Call 101 at all other times.
Report online at: www.met.police.uk/ro/report/ocr/how-to-report-a-crime/

How do you call the police on 999 when you can't speak?

When you phone 999, an operator will ask what emergency service you need. If there is no answer, the operator will then ask you to cough, or make another audible sign that you're in need of police assistance. If you're in too much danger to make any sound at all, the call will be put through to an automated system which asks the caller to press 55 if they're in danger. If 55 isn't dialled, the police will not be dispatched.

Domestic abuse is a crime and the police take it very seriously.

[Sutton Foodbank](#)

Phone: 07525 838 640 Email: admin@suttoncommunityworks.org Web: sutton.foodbank.org.uk/contact-us/

[Women's Aid Live Chat](#) Online service Monday to Friday 10am - 12pm

[Sutton Housing Partnership](#) Phone: 020 8915 2000 or email your Housing Manager using this list: suttonhousingpartnership.org.uk/housing-manager

[Encompass Housing Advice](#) Phone: 020 8770 5000 Email: contact@encompass-latc.co.uk

[Council Community Hub](#) Phone: 020 8770 5000, option 6, Email: coronavirushelp@sutton.gov.uk

[Age UK](#) Phone: 020 8915 2233 or 0208 078 2916 Email: info@ageuksutton.org.uk

[Citizens Advice Bureau](#) Phone: 020 8405 3552 Web: www.suttonalps.org.uk
www.citizensadvice.sutton.org.uk/static/Citizens%20Advice%20Sutton%20update%20and%20services.pdf

NATIONAL HELPLINES



National Domestic Abuse Helpline: Phone: 0808 200 0247

If you are not able to speak, you can reach the helpline online at www.nationaldahelpline.org.uk/Contact-us

A national service for women experiencing domestic abuse, their family, friends, colleagues and others calling on their behalf. As well as advice it can offer access to emergency refuge accommodation.

If you are worried about someone experiencing domestic abuse you can find tips and support at <https://www.nationaldahelpline.org.uk/Supporting-a-survivor>



Bright Sky App

Bright Sky is a free to download mobile app providing support and information to anyone who may be in an abusive relationship or those concerned about someone they know. It is disguised as a weather app.

Apple download: apps.apple.com/gb/app/bright-sky/id1105880511

Google Play download: play.google.com/store/apps/details?id=com.newtonmobile.hestia&hl=en_GB

Victim Support: Phone: 0808 168 9291 Free advice and support, Mon - Fri 8am–8pm, Sat 9am–5pm

National Stalking Helpline: Phone: 0808 802 0300

Provides guidance and information to anybody who is currently or has previously been affected by harassment or stalking.

Rape Crisis: Find a Rape Crisis Centre, get online emotional support, or find information and self-help tools.

Men's Advice Line: Phone: 0808 801 0327 Advice and support for men in abusive situations.

Galop: Phone: 0300 999 5428 Email: help@galop.org.uk

Helpline for lesbian, gay, bisexual & transgender people experiencing domestic abuse or hate crime.

Respect: Phone: 0808 802 4040

Free helpline for anyone concerned about their own behaviour. Respect offers support services for perpetrators of domestic abuse, young people who use violence and abuse at home and in relationships, and men who are victims of domestic violence.

Childline: Phone: 0800 1111

A private and confidential service for children and young people up to the age of nineteen.

The Hideout: An online space to help children and young people to understand domestic abuse, and how to take positive action if it's happening to you.

Love Don't Feel Bad For 16-25 year olds, exploring healthy relationships, how to get help and the law.

Iranian & Kurdish Women's Rights Organisation (IKWRO) Phone: 020 7920 6460 Mon to Fri 9.30-5.30

IKWRO provides advice and support to Middle Eastern women and girls living in the UK who are facing 'honour' based violence, domestic abuse, forced marriage or female genital mutilation.

Emergency numbers 24 hrs: Kurdish / Arabic: 07846 275246 Farsi / Dari / Turkish: 07846 310157

Southall Black Sisters Phone: 020 8571 0800

A holistic service to help women and children escape violence and abuse (including forced marriage and honour crimes) and deal with a range of related problems, and meeting the needs of black (Asian and African-Caribbean) and minority ethnic women.

FCO Forced Marriage Unit Phone: 020 7008 0151 (or 0044 20 7008 0151 if you are overseas)